

# ASD COVID-19 Guidelines

YOU NEED TO STAY HOME OR WILL BE SENT HOME IF YOU HAVE:

**ONE** OF THE FOLLOWING MAJOR SYMPTOMS:

- FEVER OF 100.4\* OR HIGHER
- NEW COUGH
- SHORTNESS OF BREATH
- DIFFICULTY BREATHING
- LOSS OF TASTE OR SMELL
- SORE THROAT
- CHILLS

OR

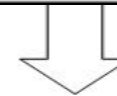
**TWO** OF THE FOLLOWING MINOR SYMPTOMS:

- HEADACHE
- BODY ACHES
- RUNNY NOSE/ CONGESTION
- NAUSEA
- VOMITING
- DIARRHEA

OR

**(CLOSE CONTACT)**

BEEN WITHIN 6 FEET OF SOMEONE DIAGNOSED WITH COVID-19 FOR 15 MINUTES OR MORE



## WHEN CAN I RETURN TO SCHOOL?

### ALTERNATIVE DIAGNOSIS

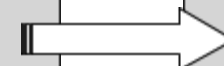
AT LEAST 24 HOURS WITH NO FEVER WITHOUT TAKING MEDICINE  
**AND**  
SYMPTOMS HAVE IMPROVED  
**AND**  
DOCTOR'S NOTE\* INDICATING AN ALTERNATIVE DIAGNOSIS

### POSITIVE COVID-19 TEST

MAY RETURN AFTER 10 DAYS  
**AND**  
AT LEAST 24 HOURS WITH NO FEVER WITHOUT TAKING MEDICINE  
**AND**  
SYMPTOMS HAVE IMPROVED  
**AND**  
CDC APPROVAL

### NEGATIVE COVID-19 TEST

AT LEAST 24 HOURS WITH NO FEVER WITHOUT TAKING MEDICINE  
**AND**  
SYMPTOMS HAVE IMPROVED  
**(UNLESS CLOSE CONTACT)**



### EXPOSURE TO COVID-19 (CLOSE CONTACT)

MAY RETURN AFTER 10 DAYS WITH NO SYMPTOMS

\*School nurse may call PCP office for clarification/guidance

Guidelines are based in Maine AAP, MASN and CDC criteria. Updated 9/17/2020

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