

ASD COVID-19 Guidelines*

YOU NEED TO STAY HOME OR WILL BE SENT HOME IF YOU HAVE:

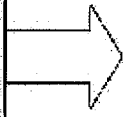
OF THE FOLLOWING MAJOR SYMPTOMS:
 FEVER OF 100.4* OR HIGHER
 NEW UNCONTROLLED COUGH, SHORTNESS OF BREATH/DIFFICULTY BREATHING/LOSS OF TASTE OR SMELL
 SORE THROAT
 CHILLS

OR

OF THE FOLLOWING MINOR SYMPTOMS:
 HEADACHE
 BODY ACHES
 RUNNY NOSE/ CONGESTION
 NAUSEA
 VOMITING
 DIARRHEA

OR

(CLOSE CONTACT) BEEN WITHIN 6 FEET OF SOMEONE DIAGNOSED WITH COVID-19 FOR 15 MINUTES OR MORE



WHEN CAN I RETURN TO SCHOOL?

ALTERNATIVE DIAGNOSIS

AT LEAST 24 HOURS WITH NO FEVER WITHOUT TAKING MEDICINE AND SYMPTOMS HAVE IMPROVED AND DOCTOR'S NOTE* INDICATING AN ALTERNATIVE DIAGNOSIS

POSITIVE COVID-19 TEST

MAY RETURN AFTER 10 DAYS AND AT LEAST 24 HOURS WITH NO FEVER WITHOUT TAKING MEDICINE AND SYMPTOMS HAVE IMPROVED AND CDC APPROVAL

NEGATIVE COVID-19 TEST

AT LEAST 24 HOURS WITH NO FEVER WITHOUT TAKING MEDICINE AND SYMPTOMS HAVE IMPROVED

EXPOSURE TO COVID-19 (CLOSE CONTACT)

MAY RETURN AFTER 14 DAYS WITH NO SYMPTOMS

Guidelines are based in Maine AAP, MASN and CDC criteria. Updated 9/22/2020

*School nurse may call PCP office for clarification/guidance

*In addition, School nurses will use guidelines outlined in School Handbooks.